

## *Sirsphere Therapy*

### ACTIVITY

No aerobic exercising, lifting heavy objects, or strenuous activity for the next 7 days.

Please take walks during the day.

Bathing as usual starting tomorrow.

### PAIN MANAGEMENT

Discomfort or pain may occur during the first two weeks after the procedure and should get better with time and medication that your doctor has prescribed for you.

### CARE AFTER

Fever up to 101 is normal up to one week after. Taking medicines such as Tylenol or Advil will help with this symptom unless restricted for some other reason.

You will be sent home with prescriptions for pain control, nausea and prevention of stomach upset.

You may feel fatigue and loss of appetite during the first week after your procedure.

Please eat small meals and drink plenty of fluid.

Abstain from alcohol for four weeks after procedure.

Radiation Safety: For 3 days, avoid contact with children, pregnant women and maintain a 3-foot distance from all people.

### WHEN TO CALL RADIOLOGY

Fever (greater than 101.5) and/or shaking chills.

Increased abdominal pain not relieved by prescribed medication.

### FOLLOW-UP CARE/IMAGING FOLLOW-UP

You will need to have follow-up scans the rest of your life. This is the only way to know if the tumor is completely treated and to be sure the cancer is not growing back.

Your next appointment is on \_\_\_\_\_ for a  PET  CT  MRI

Call the Interventional Radiology Nurse Coordinator at (617) 724-2239 Monday through Friday between the hours of 8:00 am – 4:30 pm. When calling after hours and on weekends and holidays, please call (617) 726-8314 and follow the operator instruction.



**MASSACHUSETTS  
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