

You have had a stent placed in one of the arteries in your brain or in one of the arteries leading to your brain. We will call you at home soon after your discharge to see how you are doing and to remind you that it is important to see your doctor in the office in 3 – 4 weeks.

Your appointment is on: \_\_\_\_\_

### ACTIVITY

- You may gradually return to your normal activities, but we recommend you take it easy for the next 48 hours to avoid bleeding from your groin.
- Heavy lifting, running, climbing, or other strenuous exercise should be avoided for ten (10) days. This is to prevent bleeding from your groin.
- You may take leisurely walks and slowly increase your activity at your own pace. Don't try to do too much all at once.
- Do not go swimming or submerge yourself in water for five (5) days after your procedure.
- You may take a shower.

### MEDICATIONS

- Resume your normal medications and begin new medications as directed.
- It is very important to take the medication your doctor will prescribe for you to keep your blood thin and slippery. This will prevent clots from developing and sticking to the stent.
- You may use acetaminophen (Tylenol) for minor discomfort if you are not otherwise restricted from taking this medication.
- If you take metformin (Glucophage) you may start it again three (3) days after your procedure.
- Other Instructions: \_\_\_\_\_

### CARE OF THE PUNCTURE SITE

- You will have a small bandage over the site.
- Remove the bandage in 24 hours by soaking it with water and gently peeling it off.
- Keep the site clean with soap and water and dry it carefully.
- You may use a band-aid if you wish.

### WHAT YOU MAY EXPERIENCE

- Mild tenderness and bruising at the puncture site (groin)
- Soreness in your arms from the intravenous lines
- Fatigue is very normal
- The medication may make you bleed or bruise easily

*continued on back...*



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Department of Interventional Neuroradiology  
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Revised 08/2006

# Discharge Information

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## WHEN TO CALL YOUR DOCTOR

- Severe pain, redness or drainage from the puncture site
- Fever greater than 101.5° Fahrenheit
- Constipation
- Blood in your stool or urine
- Nausea and / or vomiting

## CALL **911** AND GO TO THE NEAREST EMERGENCY ROOM IF YOU EXPERIENCE ANY OF THE FOLLOWING

- Sudden numbness or weakness in the face, arm, or leg
- Sudden confusion or trouble speaking or understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, or loss of balance or coordination
- Sudden severe headaches with no known reason

## FOLLOW UP CARE

- You will need to see your doctor in 3–4 weeks for a follow up visit.
- You will require follow up tests over the next several years. We will review this with you when you see your doctor.
- You will need to continue to see your PCP and stroke neurologist so they can monitor your stroke risk factors.
- Remember to eat food that is low in fat and cholesterol. This lowers the risk of narrowing in your arteries.
- If you smoke and have not stopped smoking yet, please consider doing so. We can help you find a program that will help you make this very important change.

If you have any questions, please call the Interventional Neuroradiology office at **617-726-1767**. When calling after hours or on the weekends, please call the same number and ask to have the Interventional Neuroradiology Fellow on-call paged to your number.



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