

You have had an embolization. We will call you at home soon after your discharge to see how you are doing and to remind you that it is important to see your doctor in the office in 3 – 4 weeks.

Your appointment is on: _____

ACTIVITY

- You may gradually return to your normal activities, but we recommend you take it easy for the next 48 hours to avoid bleeding from your groin.
- Heavy lifting, running, climbing, or other strenuous exercise should be avoided for ten (10) days. This is to prevent bleeding from your groin.
- You may take leisurely walks and slowly increase your activity at your own pace. Don't try to do too much all at once.
- Do not go swimming or submerge yourself in water for five (5) days after your procedure.
- You may take a shower.

MEDICATIONS

- Resume your normal medications and begin new medications as directed.
- You may be instructed by your doctor to take one aspirin a day and/or Plavix. If so, do not take any other products that have aspirin in them. If you are unsure of what products contain aspirin, ask your pharmacist or call our office.
- You may use acetaminophen (Tylenol) for minor discomfort if you are not otherwise restricted from taking this medication.
- If you take metformin (Glucophage) you may start it again three (3) days after your procedure.
- Other instructions: _____

CARE OF THE PUNCTURE SITE

- You will have a small bandage over the site.
- Remove the bandage in 24 hours by soaking it with water and gently peeling it off.
- Keep the site clean with soap and water and dry it carefully.
- You may use a band-aid if you wish.

continued on back...



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Revised 08/2006

Discharge Information

continued from front...

WHAT YOU MAY EXPERIENCE

- Mild tenderness and bruising at the puncture site (groin)
- Soreness in your arms from the intravenous lines
- Mild to moderate headaches that last several days to a few weeks
- Fatigue is very normal
- Constipation is common. Be sure to drink plenty of fluids and eat a high-fiber diet. If you are taking narcotics (prescription pain medications), try an over-the-counter stool softener.

WHEN TO CALL YOUR DOCTOR

- Severe pain, swelling, redness or drainage from the puncture site
- Fever greater than 101.5° Fahrenheit
- Constipation
- Blood in your stool or urine
- Nausea and/or vomiting
- Extreme sleepiness and not being able to stay awake
- Severe headaches not relieved by pain relievers
- Seizures
- Any new problems with your vision or ability to speak
- Weakness or changes in sensation in your face, arms or legs

FOLLOW UP CARE

- You will need to see your doctor in 3 – 4 weeks for a follow up visit.
- You may require follow up tests over the next several years. We will review this with you when you see your doctor.
- If you smoke and have not stopped smoking yet, please consider doing so. We can help you find a program that can help you make this very important change.

If you have any questions, please call the Interventional Neuroradiology office at **617-726-1767**. When calling after hours or on the weekends, please call the same number and ask to have the Interventional Neuroradiology Fellow on-call paged to your number.



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