

### SEDATION

- The sedation you received for your procedure is still in your system. Therefore, we would like you to take it easy the rest of the day (do not drive and avoid drinking alcohol)

### ACTIVITY

- You may resume regular activity 24 hours after the procedure.
- No exercising, lifting heavy objects, or strenuous activity for the next 7 days.
- No swimming or showering while catheter is in place.
- You may use over the counter medications such as Tylenol or Advil for minor discomfort.

### CARE OF YOUR CATHETER (*check one*)

- No showers and keep the dressings dry. You may take a sponge or tub bath.
- You have two incisions: a neck incision and one over your catheter.
- The dialysis nurse will change the dressing over your catheter and flush your catheter.

Your neck incision is held together with SUTURES. Apply a dry sterile dressing to the neck incision each day. The dialysis nurse will remove these sutures in 7-10 days.

Your neck incision is held together with STERILE PAPER STRIPS. Keep the dressing on for 2 days and then remove. No new dressing is needed. Allow the paper strips to fall off on their own.

### WHEN TO CALL YOUR PHYSICIAN

- Fever or chills.
- Swelling or severe pain in the arm on the side of the catheter.
- Redness, active bleeding or drainage from the incisions.

Call your Nephrologist or Vascular Nurse Practitioner at **(617) 726-8314**. When calling the radiologist after 4 PM or on weekends call **(617) 726-8314** follow telephone instructions. The MGH Emergency Room may be reached at **(617) 724-4100** anytime of the day.



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