



Mass General Hospital
for Children™

Your child/infant has received one or a combination of the following medications:

Penobarbital (Nembutal)_____ mg intravenously

Midazolam (Versed)_____ mg intravenously

Midazolam (Versed)_____ mg by mouth

Fentanyl (Sublimaze)_____ mcg intravenously

Choral Hydrate_____ mg by mouth

Other_____

These medications can take several hours to wear off completely. You should pay special attention to the following over the next 6 hours:

Your child is awake now but may fall back to sleep again. Place the child on his/her side while sleeping. Your child may be irritable and complain of a dry mouth or nose. These are common with the sedation.

ACTIVITY

- Make sure your child is properly restrained in a car seat or seat belt for the drive home. If your child falls asleep and his/her head falls forward, tilt the head back slightly to allow him/her to breathe easily.
- Please watch and protect your child until the medication has worn off. Keep child from activities that require coordination and balance (bicycle, big wheels, skateboards, roller blades, etc.)
- Do not leave infants and toddlers unattended.

DIET

- Your child may vomit on the way home. Sedation can upset their stomach. Feed your child when he/she feels like eating. Start with soft foods (yogurt, applesauce, or crackers). Avoid chewy foods (apples) or sticky foods (peanut butter) until fully awake. Encourage liquids.
- In some cases your child's appetite may not return right away, but he/she will need adequate liquids.

WHEN TO CALL YOUR PHYSICIAN

- Persistent vomiting
- If you have any concerns regarding your child's recovery, go to the nearest emergency room.
- From 8am to 4pm Monday through Friday call the Pediatric Nurse Coordinator at 617-724-2239 or the Pediatric Radiology Nurse at 617-724-4289. After 4pm or weekends call the MGH Emergency Room at 617-724-4100.



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Department of Pediatric Radiology
www.massgeneralimaging.org

