

### SEDATION

- The sedation you received for your procedure is still in your system. Therefore, we would like you to take it easy the rest of the day (do not drive and avoid drinking alcohol).

### ACTIVITY

- You may resume regular activity 24 hours after the procedure.
- No exercising, lifting heavy objects, or strenuous activity for the next 7 days.
- No swimming or showering while catheter is in place.

### PAIN MANAGEMENT

- You may use over the counter medications such as Tylenol or Advil for minor discomfort.

### CARE OF YOUR CATHETER

- No showers, keep the dressings dry. You may take a sponge or tub bath.
- You have two incisions: a neck incision and one over your catheter.
- Your infusion nurse will change the dressing over your catheter.
- Your infusion nurse will remove the catheter sutures in six weeks.

### WHEN TO CALL YOUR PHYSICIAN

- Fever or chills.
- Swelling or severe pain in the arm on the side of the catheter.
- Redness, active bleeding or drainage from the incisions.

Call your Oncologist or Vascular Nurse Practitioner at **(617) 726-8314**.  
After 4 PM or on weekends call **(617) 726-8314**, follow telephone instructions.  
The MGH Emergency Room is available 24 hours a day at **(617) 724-4100**.

