

SEDATION

- The sedation you received during your procedure is still in your system. Therefore, we would like for you to take it easy the rest of the day and evening. (Do not drive and avoid drinking alcohol)

ACTIVITY

- You may resume your regular activities, including driving in 24 hours, unless you have been restricted for another reason.
- No exercising, lifting heavy objects or strenuous activity for the next 24 hours.
- You may shower tomorrow.
- If you take Glucophage, (Metformin) do not take it for 2 days after the procedure. On the third day, start again as prescribed.

PAIN MANAGEMENT

- You may use over the counter medications such as Acetaminophen (Tylenol) or Ibuprofen (Advil or Motrin) for minor discomfort, if you are not otherwise restricted from taking these medicines.

CARE OF YOUR PUNCTURE SITE

- You may remove the bandage the following day
- Avoid a hot bath for at least 24 hours.
- Keep the site clean and dry

Call the Cardiovascular Interventional Radiology Nurse Coordinator at **617-724-2239** between 8am-4:30pm. When calling after 4:30pm or on weekends and holidays, call the Cardiovascular Interventional Radiology Fellow on call at **617-726-8314** and follow the instructions.



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